



The Lift
April 26th 1:00 pm
Wallace Marine Park

Where is the power?

Ghillie, Figure of Eight, Crescent, Shotgun
Lifts
How each one works
Which one is best for you

A clinic on the "Lift" motion
How best to utilize a "Lift"

Also
Cal's famous pancake feed

the President's Message

The dust has settled on the 2009 fly tying and fly fishing Expo. Wow, what an event. Lots of group and individual Spey casting happened. Now it is time to look forward to our great Grand Daddy of spey events - the Sandy Spey Clave. Again this year we will host the Friday Night Potluck with Cal doing the Dutch Oven thing. Also, the club will host the Saturday and Sunday "Breakfast at the Clave". As usual we need help. This is great fun meeting and getting acquainted with fellow spey casters.

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Club Officers

- President
Dwight Klemin
- VP
Stan Steele
- Sec/Treasure
Dell Schomburg
- Membership
Terry Lawrence
- Board Members
Steve Perakis
Bill Koran

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Membership

Sandy Spey Clave 2009
Volunteer Time at the Sandy Spey Clave
Breakfast and
Welcome Area
FUN-FUN-FUN

Easy Jobs

May 15th is ladies Day followed by the evening potluck

May 16th Breakfast at 7:00 to 9:00 then demonstrations and chatting

May 17th Breakfast at 7:00 test-casting and more chatting

I encourage you to sign-up for some volunteer time

Looking forward to a good year,

Call Dwight at 503.390.8997 to volunteer

President message continued

Cal's new grill needs to be broke-in. Yes, we get to try the new BIG grill before the Sandy Spey Clave. Cal will prepare a few pancakes and other goodies at the April 26th meeting. Save a wee bit of room from your lunch to savor Cal's Pancakes.

Klem

Quote

*A scared fish doesn't bite.
A resting fish needs enticement.
A feeding fish needs an opportunity.*

Dwight Klemin

Members Spotlight on

Fred Enright

The person behind the scenes at the pancake breakfast is Fred Enright. Keeping the pancake mix ahead of the grill person takes a special skill, Fred is one of the men behind the scenes doing the messy work. The past three years Fred has done a great job. Thanks Fred.

The Lift

The beginning motion of the spey cast is the lift. The lift provides the initial momentum of the fly-line which then can be "pulled" into the anchor set. Also, the lift preloads the rod. Let us explore two types of lifts: the standard shotgun lift and the old Ghillie's figure-of-eight lift.

The standard shotgun lift is a weak motion and only offers a straight line anchor placement from the pick-up location of the fly-line. Also, the preload of the rod is rather minimal because the shaft movement is very limited. Maybe the main reason this lift became standard was the switch cast, a training cast, was ingrained when learning the basic spey casting motion. Yes the forward spey or switch cast works well with the shotgun lift. But for all other anchor placements the shotgun lift is very weak.

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The figure-of-eight lift move has two main benefits. The rod shaft torques during the rotation giving the rod a greater load and the line momentum can be directed by the caster to a variety of places giving the caster a wider range of angle changes.. The line's momentum can be redirected by "pulling" to a perfect anchor placement.

The single spey and the double spey both benefit from the figure-of-eight lift motion. The single spey figure-of-eight lift motion allows the caster to direct the momentum toward the center of the river and then the caster can pull the anchor leg to the perfect 180 degree anchor set. This motion allows the caster a great range of casting angles and distances the anchor can be set from the caster.

In the double spey phase one lift, the figure-of-eight lift motion allows the caster to control the placement of the anchor leg farther away from the caster. The closer the anchor leg is to the caster, the more chance the sweep back phase will trap the anchor leg robbing power to the circle up move. A figure of eight lift move at the beginning of phase one allows the caster to place the anchor leg farther way keeping the rod tip closer to the caster during the sweep back move. The sweep back (phase two) does not trap the anchor leg with a cross over which occurs with the normal "windshield" or "fall-the-tree" because the anchor leg is to close to the caster. The sweep back is performed by rotating the palm up to start the second phase which loads the rod by a torque and a powerful turn. With the figure-of-eight motion, the anchor leg of the line on the water is farther away from the caster. This allows the rod tip to be closer to the caster for the sweep to the circle-up and will not trap the anchor leg and thus robbing the power for the circle up move.

Consider using a figure-of-eight motion lift and take your fly-casting to a new level of control, comfort and power and with both the single and double handed rod.

Klem

Fishing Hint

A small but necessary ritual is to run your finger down the whole length of the leader and tippet to check for nicks, abrasions and wind knots (or should I say casting knots) when you change flies.

Join the FFF and the North Santiam Spey Casters

NSSC is a Charter Club of
The Federation of Fly Fishers
Membership cost is \$55 for both
the NSSC and the FFF

May is Membership Renewal Month

Dear Current and Former NSSC Members,

The month of May has been designated as the North Santiam Spey Casters Membership Renewal Month. Therefore, you should all be receiving a renewal form in the mail sometime around the first. Included with the renewal form will be a stamped return envelope. Annual NSSC dues are still \$20.00 (which includes the whole family) with an additional \$35.00 for your annual FFF dues, should you choose to update your FFF membership through the NSSC (which we encourage, because it helps validate the club). As a Charter Club affiliated with the Federation of Fly Fishers it is required that all NSSC Members be current FFF Members. Please make your check payable to: NSSC. If you would prefer to take care of this sooner rather than later, you can also download a membership form from the NSSC website, fill it out, and send it along with a check to: NSSC at 4260 44th CT NE; Salem, OR 97305. Please remember to write your FFF Member Number on both your check and your renewal form.

We realize that club activity has appeared to be relatively light for the past several years. However, the NSSC has still maintained a presence at the annual Sandy Spey Clave by providing the Pancake Breakfast as well as staffing the Welcome Booth. In addition, there have been casting clinics held in both Portland and Salem, along with indoor presentations covering everything from knots to short heads and sink tips. A bit more behind the scenes, NSSC Members such as our Club President Dwight Klemin, have been involved in almost constant casting instruction and support of fly fishing events in the greater Portland area.

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This casting instruction has included two hand spey casting, single hand spey casting, and yes, single hand casting (where many a spey caster had their beginning). Just in case you are wondering what the Federation of Fly Fishers has to offer, a number of these events have been done either through, or in cooperation with, the Oregon Chapter of the FFF (for example: the annual Northwest Fly Tyer and Fly Fishing Expo).

With regards to both the present and future, the NSSC Board of Directors is making a concerted effort to re-kindle interest in the NSSC. We feel that with the continuing growth of this sport, it would be a shame to let an established forum for spey casting knowledge fade into non-existence. Therefore, we encourage you to help support the NSSC by renewing your membership.

Sincerely,
Terry M. Lawrence

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